



CREATIVE SOULS DANCE LLC
DRESS CODE (Adults)

Today's Date: _____

Student Full Name: _____

Preferred Dance Style: _____

Dress code for Creative Souls Dance LLC has been established for the teachers' and students' benefit. Our dress code ensures that students receive the best possible instruction, minimize injury, increase focus, and develop a strong sense of self-confidence and studio unity. Proper dress code allows teachers to identify students' bodies in order to address alignment, posture, and presence. Please label all items with your students' name. The studio is not responsible for lost items. No jewelry is permitted during class. Students will not be permitted to participate in class if dress code policy is not strictly followed.

SHOES. Appropriate dance shoes must be worn for all classes. For hygiene reasons, please do not wear dance shoes outside of the studio. A proper fit is extremely important for correct use of the feet. All dance shoes should be snug for better connection to the floor. Dance shoes tend to stretch and often become too big. No flip flops or boots allowed.
CLOTHING. Appropriate dance attire must be worn for all classes to avoid injuries and avoid distraction. The dress code ensures that your teacher will be able to see all the students' alignment and positioning. No jeans allowed.

<u>DANCE STYLE</u>	<u>SHOES</u>	<u>DANCEWEAR</u>
Fitness	Sneakers/Jazz Dance Sneaker/Tennis Shoes designated for indoor use only	Comfortable fitness attire.
Jazz	Tan or Black Capezio Jazz Shoe or Black Jazz Dance Sneaker	Leotard or fitted top with dance shorts, skirt or leggings.
Burlesque	Tan or Black Capezio Jazz Shoe/Black Jazz Dance Sneaker/Dance Heels (Suede Sole)	Leotards or fitted top with dance shorts, leggings or pants.
Heels	Open Toe Flare Heels (Suede Sole)	Leotards with black dance shorts, skirt or leggings.
Hip Hop	Sneakers/Tennis Shoes designated for indoor use only	Leggings, pants, capris, biker shorts, stretch tanks, t-shirts, and sweaters.
Latin/Social (Ladies)	Open Toe Dark Tan Satin Flare Heels (Suede Sole)	Leotards or Body Suits of any color with a black rhythm skirt.
Latin/Social (Men)	Mens Black Dance Club Shoe (Suede Sole)	Fitted top, pants or shorts.
Ballroom (Ladies)	Closed Toe Flesh Satin Flare Heels (Suede Sole)	Leotards or Body Suits of any color with a Ballroom skirt.
Ballroom (Men)	Mens Black Leather Dance Shoe (Suede Sole)	Fitted top, pants or shorts.

Date: _____ Printed Name: _____

Date: _____ Signature: _____