



ADULT DRESS CODE 2025-2026

Dress code for Creative Souls Dance LLC has been established for the teachers' and students' benefit. Our dress code ensures that students receive the best possible instruction, minimize injury, increase focus, and develop a strong sense of self- confidence and studio unity. Proper dress code allows teachers to identify students' bodies in order to address alignment, posture, and presence. Please label all items with your students' name. The studio is not responsible for lost items. No jewelry is permitted during class.

Students will not be permitted to participate in class if dress code policy is not strictly followed.

- **SHOES.** Appropriate dance shoes must be worn for all classes. For hygiene reasons, please do not wear dance shoes outside of the studio. A proper fit is extremely important for correct use of the feet. All dance shoes should be snug for better connection to the floor. Dance shoes tend to stretch and often become too big. No flip flops, crocks or boots allowed.
- **CLOTHING.** Appropriate dance attire must be worn for all classes to avoid injuries and avoid distraction. The dress code ensures that your teacher will be able to see all the students' alignment and positioning. Jeans are not recommended.

<u>CLASS</u>	<u>SHOES</u>	<u>DANCEWEAR</u>
Fitness	Sneakers/Jazz Dance Sneaker/ Tennis Shoes designated for indoor use only	Comfortable fitness attire.
Burlesque/Heels	Open Toe Flare Heels (Suede Sole)	Leotard or fitted top with dance shorts or leggings.
Hip Hop	Sneakers/Tennis Shoes designated for indoor use only	Leggings, pants, capris, biker shorts, stretch tanks, t-shirts, and sweaters.
Ballet	Ballet Slippers or Barefoot	Leotard or fitted top with dance shorts, skirt or leggings.
Lyrical/Contemporary	Barefoot, Half Soles, or Foot Undies	Leotards or fitted top with dance shorts or leggings.
Latin/Social (Ladies)	Open Toe Dark Tan Satin Flare Heels (Suede Sole)	Leotards or Body Suits of any color with a black rhythm skirt/wrap.
Latin/Social (Men)	Mens Black Dance Club Shoe (Suede Sole)	Fitted top, pants or shorts.
Ballroom (Ladies)	Closed Toe Flesh Satin Flare Heels (Suede Sole)	Leotards or Body Suits of any color with a Ballroom skirt.
Ballroom (Men)	Mens Black Leather Dance Shoe (Suede Sole)	Fitted top, pants or shorts.

Hi Dancers! Just a friendly reminder to follow our dress and hair standards for all classes and rehearsals. This helps us keep a professional and focused atmosphere. If you don't meet the guidelines, you might not be able to join in. Thanks for your cooperation and understanding!

- Creative Souls Dance Team



KIDS DRESS CODE 2025-2026

Dress code for Creative Souls Dance LLC has been established for the teachers' and students' benefit. Our dress code ensures that students receive the best possible instruction, minimize injury, increase focus, and develop a strong sense of self- confidence and studio unity. Proper dress code allows teachers to identify students' bodies in order to address alignment, posture, and presence. Please label all items with your students' name. The studio is not responsible for lost items. No jewelry is permitted during class. **Students will not be permitted to participate in class if dress code policy is not strictly followed.**

- **SHOES.** Appropriate dance shoes must be worn for all classes. For hygiene reasons, please do not wear dance shoes outside of the studio. A proper fit is extremely important for correct use of the feet. All dance shoes should be snug for better connection to the floor. Dance shoes tend to stretch and often become too big. No flip flops, crocks or boots allowed.
- **HAIR.** Hair should be neat and away from the eyes for all classes. If hair is shoulder length or longer it must be pulled back into a ponytail.
- **CLOTHING.** Appropriate dance attire must be worn for all classes to avoid injuries and avoid distraction. The dress code ensures that your child's teacher will be able to see all the students 'alignment and positioning. No jeans or school uniforms allowed. Leotards must be worn under skirts.

<u>CLASS NAME</u>	<u>SHOES</u>	<u>DANCEWEAR</u>	<u>NOTES</u>
Acro/Tumbling	Barefoot	Biketards or leotards Optional shorts or leggings	No loose/baggy clothing Hair must be tightly secured
Acro/Ballet/Creative Movement	Pink or black ballet slippers (canvas or leather) or Barefoot	Biketards or leotards Optional dance skirt or shorts	Soft and flexible clothing for movement Skirts should not restrict motion
Hip Hop/Acro	Barefoot for Acro Clean indoor-only sneakers for Hip Hop	Biketards, leotards or fitted dance top Optional dance shorts or leggings	No loose clothing during Acro Layers allowed during warm-up, removed for mat and floor work
Hip Hop/Jazz	Tan jazz shoes (Capezio or similar) or Barefoot for Jazz Clean indoor-only sneakers for Hip Hop	Leotard or fitted dance top Dance shorts, leggings, or skirt	No jeans or baggy clothing All items must stay secure while dancing
Lyrical	Half-sole lyrical shoes or barefoot	Leotards or fitted dance tops Dance shorts, leggings, or skirts	Must allow for full expression and flexibility No loose clothing
Latin/Ballroom	Dark Tan Satin block heels (1.4 inch)	Leotards or ballroom bodysuits Black rhythm skirt	Heels must have secure straps Skirts should allow freedom of leg movement

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